# TWO-YEAR-OLD BEHAVIOR PROFILE

### PLAY ACTIVITIES

- Greatly enjoys gross motor activity.
- Making major advances in motor control:
  - a. Learning to run as flexibility in knees and ankles develops and balance improves.
  - b. Walking up and down stairs without alternating feet.
  - c. Learning to kick a ball.
  - d. Beginning to develop fine motor coordination--can snip with scissors, string beads, hold a glass securely with one hand.
- Solitary play is dominant; parallel play is developing.
- 4. Tactile sense is strong; wants to touch everything and enjoys touching variety of materials-fur, silk, angora, etc.
- 5. Sense of taste is strong; tastes many objects and materials such as clay, paint, etc.; puts tongue against glass, wood, etc.
- 6. Play is frequently imitative, especially of domestic activities and the mother-baby relationship.

### **EASEL PAINTING**

- Grasps brush with whole hand.
- May paint with a brush in each hand.
- 3. "Scrubs" paper with little regard for color.
- 4. Paints several colors over each other vigorously.
- 5. Experimenting with vertical and horizontal lines, dots and circular movements.
- 6. Goes out of bounds: painting on table, easel, floor, own hands, other children.
- 7. Process, not end result, important to the child.
- 8. Easily distracted and does not always watch hand movements.
- 9. Social enjoyment of painting on same paper with another child.

## **FINGER PAINTING**

- 1. Initial objection to feeling of paint and getting hands dirty, but enjoyment after a few trials.
- 2. Rhythmical movements with whole hands.

## **CLAY**

- Initial objection to feeling of clay, and getting hands dirty, but enjoyment after a few trials.
- 2. Manipulates--pounding, squeezing and pulling of small pieces; often handing to an adult.
- 3. Uses other materials in combination with clay, such as tongue depressors.
- 4. Often experiments with tasting.

#### SAND

- 1. Fills pails, dishes, pours and dumps.
- 2. May taste or throw sand.

### WATER PLAY

- 1. High interest in water play.
- 2. Enjoys soap bubbles, "painting", sailing boats
- 3. Washes hands extensively.

#### MUSIC AND RHYTHMS

- 1. Sings phrases of songs, generally not on pitch.
- 2. Recognizes a few melodies.
- 3. Enjoy rhythmical equipment such as rocking boat, swing, rocking chair. They may stimulate spontaneous singing.
- 4. Can participate in rhythmical movements such as bending knees in bouncing motion, swaying, swinging arms, nodding head, and tapping feet.

## PICTURES, RHYMES, STORIES

- 1. Enjoys simple pictures with few details and clear color.
- Likes rhymes.
- 3. Child's language is often rhythmical and repetitive.
- 4. Attends to short simple stories with repetition and familiar subjects.

#### SOCIABILITY

- Struggling with awareness of self as a separate person rather than an extension of mother. Alternates between strong crude expressions of independence and strong expressions of dependency.
- 2. Extreme self-centeredness contributes to becoming aware of self as separate person. Holds on to possessions; frequently says "It's mine." Is learning ownership, which must precede learning to share.
- 3. Choices and transitions are very difficult. Tries to manage impossible opposites simultaneously: yes/no, come/go, run/stop, give/take, grasp/release, push/pull; therefore, oscillates from one extreme to another.
- 4. Dawdles--his way of assimilating experiences.
- 5. Prefers to relate with one adult at a time.
- 6. Likes the familiar; routines are very important.
- 7. Has a short attention span, moves often from one activity to another.
- 8. Thinks with his muscles, enacts what he sees and hears.
- Little interest in what other children do or say, but may hug them or push them out of the way as though they were physical objects.
- 10. Little social give and take. Grabbing common. Will defend rights by kicking and pulling hair.
- 11. Does not ask for help; adults must be watchful and ready to help when needed.

#### COMMUNICATION

- 1. Communication of language varies widely. Vocabulary varies in size from 6 to 1000 words with an average of 300. Articulation may be very clear or almost incomprehensible.
- 2. Understands many more words than he uses.
- 3. Often calls himself by his name.
- 4. Uses words singly, in phrases, and in combinations of three or four as sentences.
- 5. Talks as he acts, thereby sorting out which words symbolize various realities.
- 6. Hearing simple but precise and correct language from adults is important as the two-year-old is sorting out the meaning of pronouns, plurals, prepositions, and past and present tense.

# **DRESSING**

- Can remove shoes if laces are untied.
- 2. Helps in getting dressed--finds large armholes and thrusts his arms into them.
- 3. Helps pull up or push down panties.
- 4. Washes hands and dries them, but does neither very well.

## **SLEEPING**

- 1. Demands to take toys to bed with him.
- 2. Prolongs process of going to bed by setting up a complicated ritual which must be rigidly adhered to.
- Usually responds, without fussing, to being taken to the toilet in the evening.

#### **EATING**

- 1. Needs help in feeding.
- 2. Can get spoon into mouth without turning with moderate spilling.
- 3. Is apt to dawdle and play with food, especially stirring it.
- Refuses food.
- 5. Very little conversation with meals.

#### **TOILETING**

- 1. Verbally differentiates bowel and bladder functions.
- Has to be taken to toilet at special times.